

**Everyone
deserves to live,
and anyone
can be a
friend for life.**



KNOW ABOUT NALOXONE (NARCAN)



**Learn more at
WAFriendsForLife.com**

**Naloxone reverses
opioid overdoses,
including those
from fentanyl.**

**Having it can make
all the difference.**

WHAT TO KNOW

- Naloxone is a medication that reverses opioid overdoses.
- It is available as a nasal spray or intramuscular injection.
- Anyone can get, carry, and use naloxone — you don't need any special training.
- It's available for free in many communities or for purchase at most pharmacies.
- Washington has a standing order that acts like a prescription, so you don't need one.

HOW IT WORKS

- Naloxone blocks the effects of opioids on the brain.
- It does not treat or reverse the effects of other drugs or alcohol.
- It is the most effective tool we have to reverse opioid overdoses and save lives.
- Naloxone is not habit-forming and can't hurt anyone, even if they haven't taken opioids.

HOW TO SPOT AN OPIOID OVERDOSE:

Someone may be overdosing if they:

- Can't wake up.
- Are breathing very slowly or not at all.
- Are turning blue, gray, or purple.
- Look ashen or feel cold to the touch.

If you see signs of an overdose:

- Call 911.
- Give naloxone every 2 – 3 minutes.
- Give a rescue breath every 5 seconds until they wake up or help arrives.

HOW TO USE NASAL SPRAY NALOXONE

Start by laying your friend down.

1. Open the packaging

Don't do a test spray.
The canister only has one dose.



2. Hold the canister like this



3. Insert the nozzle into either nostril

Your fingers should touch their nose.



4. Press the plunger all the way

Naloxone starts working within 2 – 3 minutes.



Washington state has Good Samaritan laws to protect you and your friend from prosecution for drug possession.